

# Coaching

Great coaching begins with tapping into human nature. It's at the core of influence, performance, motivation, and potential. That's what we do. Wherever you are in your career, our seasoned coaches will challenge you to move farther, faster.

## Who we coach

- Executives
- New to Role
- High Potentials
- Entrepreneurs
- Individual Contributors
- Emerging Leaders



## Choose your timeline

Set the pace of your coaching experience



## Choose your delivery

Coaching services can be delivered live, virtually, or a mix of the two.

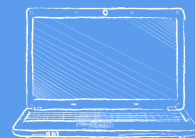
Live



Hybrid



Virtual




## Coaching includes

- 60-minute Framework & Fit introductory call
- 2 hour assessment feedback and developmental planning session
- Leadership RPM® 360 Assessment
- Leadership RPM® Developmental Workbook
- Quarterly telephone meeting with corporate representative(s) to discuss progress, if desired
- Applicable reading recommendations and learning tools to aid in development
- Telephone and email support
- Bi-monthly 90-minute coaching sessions

## Optional components

We offer a number of optional components to our coaching services. Here are a few ways we can supplement your coaching experience:

- Face-to-face interviews of colleagues and direct reports
- Job shadowing
- Interim reporting framework
- Additional assessments

*Founded by this lady* 

**Nicole Lipkin**  
Psy.D., M.B.A.



*Joined up by this guy* 

**Brett Bell**  
Psy.D., M.A.



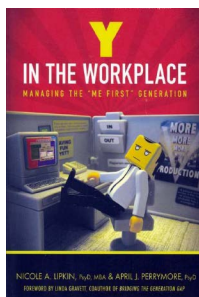
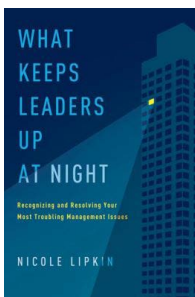
*Together we believe leadership development is human science.  
Not rocket science!*

By bringing human nature back into business, Equilibria develops your leaders, your culture and your company. We provide consulting, training, development programs and coaching to help companies and individuals hone, develop and refine their leadership capabilities and potential from average to outstanding. And who doesn't want a little outstanding?

*Check out the cool things we do and the fun people that work with us*

[www.equilibrialeadership.com](http://www.equilibrialeadership.com)

*Check out our  
best-selling books*



*Check us out on  
social media*



@DrNicoleLipkin



facebook.com/DrNicoleLipkin



linkedin.com/in/nicolelipkin



equilibrialeadership.com/blog/