

Impact Training

Trainings that Click

Equilibria's stand-alone trainings are designed with full engagement in mind. Our skill-based trainings are made to be immersive, interesting and practical, never dull. Learners retain more through stimulating, multi-modal, and interactive programs. You'll know because they'll still be talking about it months later at the coffee maker.

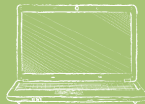
Choose your delivery

Whether you prefer in-person or virtual, we'll tailor the training to fit your needs.

Live



Virtual



Choose your time frame

How in-depth do you want to go? Pick the time frame that works for your group and we'll make it work for you.

Half Day • One Day • Two Day



Short burst training

This short burst training is delivered over the course of several weeks versus all in one shot. This is great for groups who just don't have the time to come together. Don't worry, our online interactive virtual platform mimics the in-person training experience.

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Some of our courses...

Leading Self

- Self-Awareness: Enhancing Leadership Success
- Self-Management: Managing Derailers, Strengthening Capabilities
- Time Management: Work Smarter, Not Harder
- Emotional Intelligence: Strengthening Leadership Excellence

Leading Others

- Influential Communication: Getting People to Heed Your Sage Advice
- Conflict Management: Deconstructing Conflict, Constructing Solutions
- Receiving and Giving Feedback: Crucial Conversations that Influence
- Coaching for Performance: Coaching Skills for Managers and Leaders
- Managing Expectations: Staying Ahead of Shifting Employee and Customer Expectations

Leading Teams

- Managing Teams: Creating High Impact Team Cultures
- Decision Making & Critical Thinking: Power Thinking
- Change Management: Sustaining Progress, Minimizing Resistance
- Bridging the Generation Gap: Managing Differences, Maximizing Strengths

Leading Cultures

- Creating Sticky Cultures: Motivation, Engagement & Retention
- Setting the Vision: Strategic Leadership Visioning
- Cultural Sustainability: Strengthening Resilience, Grit & Perseverance
- Wowing Customers: Staying Ahead of Customer Expectations

We customize any of our stand-alone trainings to reflect your group's needs. We also create custom trainings from scratch. If you don't see it, ask us!

Founded by this lady



Nicole Lipkin
Psy.D., M.B.A.



Joined up by this guy



Brett Bell
Psy.D., M.A.



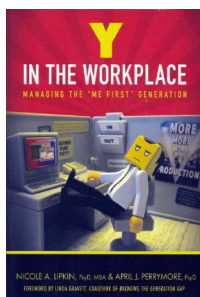
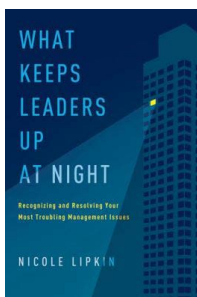
*Together we believe leadership development is human science.
Not rocket science!*

By bringing human nature back into business, Equilibria develops your leaders, your culture and your company. We provide consulting, training, development programs and coaching to help companies and individuals hone, develop and refine their leadership capabilities and potential from average to outstanding. And who doesn't want a little outstanding?

Check out the cool things we do and the fun people that work with us

www.equilibrialeadership.com

*Check out our
best-selling books*



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social media*



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Ready to partner?

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